

EDUCATOR WORKSHOPS
2024-2025

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ABOUT US

Get REAL is a Canadian non-profit focused on combatting 2SLGBTQ+ discrimination, racism, and bullying in schools, summer camps, and workplaces.

We accomplish this by offering a variety of different educational workshop modules, and by providing leadership development and marginalized youth support through our University Chapters, our High School After-School Program, and our 2SLGBTQ Virtual Counselling Program. Our programming aims to break down prejudice, promote unity, and foster compassion in our world.



@getrealmovement



facebook.com/wegetreal

www.thegetrealmovement.com

“As a gay student, I appreciate from the bottom of my heart that there are organizations and presentations like these.”

WHAT WE OFFER

JUSTICE, EQUITY, DIVERSITY, AND INCLUSION (JEDI) TODAY

Today's landscape around JEDI is evolving at a rapid pace. Increasing numbers of educators, students, and families are expecting schools to display a commitment to a safe and caring learning environment for all students. Moreover, it's clear that we must move beyond merely accommodating the needs of marginalized students, families and educators. School community members of all identities, perspectives, and experiences should feel physically and emotionally safe, welcomed and affirmed at school. Together, we need to move towards fostering an environment where everyone can thrive; an environment that respects, celebrates, and welcomes diversity.

We know that schools and educators want to foster inclusive environments and ensure all school community members are safe from all forms of discrimination. But we also know that despite best intentions, integrating education around combatting 2SLGBTQ+ discrimination, racism, and bullying can at times be overwhelming. And that's where we come in!



WHAT WE OFFER

As an organization, we had spoken to over 150,000 students before running our first educator workshop. We've taken the best activities, structure, and tone, and combined them to create workshops that help educators navigate the ever-changing school environment and ensure all school community members feel a sense of belonging. We are proud to have been an integral part of enhancing the safe and caring schools mandate for thousands of schools across Canada.

Our friendly storytelling based approach and clear, relevant content ensure that we will add value to your school community in a meaningful way. We focus on promoting and amplifying your voices, not only our own, and provide safe, anonymous opportunities for participants to ask questions and work through realistic scenarios.



A Diverse Facilitating Team

Our workshop teams consist of experienced speakers who share different intersectional lived experiences as it relates to 2SLGBTQ+ discrimination, racism, and mental health struggles.



Authentic & Positive Representation

Our workshops rely on the uplifting stories of real people, rather than statistics or definitions, to highlight the power of uniqueness, solidarity, and belonging.



Interaction

We guide anonymous and reflective activities to foster involvement and encourage vulnerability, connection and support.



PRIMARY WORKSHOPS

2SLGBTQ+ INCLUSIVITY WORKSHOP

This workshop is the perfect starting point (or refresher) for educators looking to foster more inclusive and affirming schools for 2SLGBTQ+ students. Combining foundational terms and concepts, storytelling, reflection activities, best allyship practices, and space to ask questions and work through scenarios, this workshop provides participants with the knowledge and practical tools they need to build and support environments that respect, welcome, and celebrate all.

This workshop is offered in-person and virtually.

LENGTH: 1.5 HOURS

**COST: \$800 + HST FOR VIRTUAL
\$1,000 + HST FOR IN PERSON**

**BUNDLE
&
SAVE**

www.thegetrealmovement.com

EDUCATORS WILL COME AWAY WITH:

- Enhanced comprehension of terms and concepts relevant to 2SLGBTQ+ inclusion
- A deeper understanding of the components of identity, the concept of intersectionality, and the importance of self-awareness and reflection
- Increased knowledge of the practice of allyship including actionable tools, practical steps, and creative ideas to improve school culture and learning environments
- A greater capacity to support 2SLGBTQ+ students, colleagues, and community members

COMBATTING ANTI-BLACK RACISM WORKSHOP

Focused on identifying, unlearning, and combatting anti-Black racism, this powerful and relatable workshop balances personal narratives, statistics, historical context, reflective and discussion activities, and concrete allyship tools to leave participants feeling empowered, informed, and ready to make changes in their classrooms, school community and beyond.

This workshop is offered in-person and virtually.

LENGTH: 1.5 HOURS
COST: \$800 + HST FOR VIRTUAL
\$1,000 + HST FOR IN PERSON

**BUNDLE
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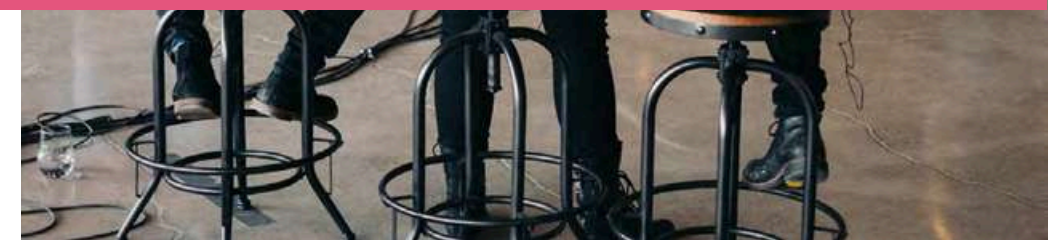
www.thegetrealmovement.com

EDUCATORS WILL COME AWAY WITH:

- A deeper understanding of key terms such as systemic racism, colourblind racism, and white privilege
- Increased awareness of the historical context of anti-Black racism in Canada
- Enhanced comprehension of the harmful effects of anti-Black racism especially in education
- Greater awareness of “unconscious bias” and “microaggressions” and how to challenge, interrupt, and repair damage from their harm
- Practical advice and concrete examples of best allyship practices to support Black students, colleagues, and families
- Increased capacity for (un)learning and growth as part of an anti-Black racism commitment



FOLLOW-UP WORKSHOPS



2SLGBTQ+ HISTORY WORKSHOP

Participants will consider, "Why does 2SLGBTQ+ history matter?" as they learn how the vast 2SLGBTQ+ past is connected to the present and future. The workshop briefly explores gender and sexual diversity around the world throughout time before focusing on North American 2SLGBTQ+ history and the evolution of queer representation. Starting in the 1960s and moving through the decades, we discuss notable people, events, and milestones including some of the raids, riots, legal changes and shifts in pop culture and music that influenced 2SLGBTQ+ society today.

This workshop is currently only being offered virtually.

LENGTH: 1.5 HOURS

COST: \$800 + HST FOR VIRTUAL

\$1,000 + HST FOR IN PERSON

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EDUCATORS WILL COME AWAY WITH:

- A deeper understanding of why 2SLGBTQ+ history matters and how it shapes our present
- An understanding of the evolution of gender and sexuality in North America through a mixture of information sharing and interactive discussion
- Increased knowledge of gender representations around the world throughout time
- An awareness and deeper understanding of the experiences of 2SLGBTQ+ people in the early 20th century including the raids, riots, legal changes and shifts in pop culture and music that influence 2SLGBTQ+ society today
- Greater capacity to identify the names and stories of some of the people who fought for equality
- An ability to critically examine the portrayals of 2SLGBTQ+ people in the media
- Increased capacity for further (un)learning as a form of active allyship

BLACK HISTORY WORKSHOP

In this workshop, participants will consider, “Why does Black History matter?” as we dive into the evolution of civil rights and important historical Black figures who are so often overlooked - especially in Canada and around the world.

This workshop is currently only being offered virtually.

LENGTH: 1.5 HOURS
COST: \$800 + HST FOR VIRTUAL
\$1,000 + HST FOR IN PERSON

**BUNDLE
&
SAVE**

EDUCATORS WILL COME AWAY WITH:

- A deeper understanding of why Black history matters
- Increased knowledge of the history of Black people in North America and the impact of erasing Black history
- A timeline, starting with the beginnings of slavery in North America, through to abolition, and then moving through the decades exploring how racism impacts every facet of life
- A better understanding of the power of pop culture and social media to generate social change and a discussion on reparations, acknowledgments and changes born from the advocacy of Black voices
- A greater awareness of how this history shapes our present, especially the systemic oppression in education, and how the fight for justice is far from over
- Increased motivation and capacity to celebrate Black excellence 365 days a year

TRANS 101 WORKSHOP

Designed as a follow up to our 2SLGBTQ+ Inclusivity workshop, this engaging session led by two veteran trans speakers is for educators interested in fostering inclusive environments where all members of the community feel safe and comfortable to explore and express their gender identity and gender expression. Compassionate speakers will create a brave space for participants to learn terminology, explore the harmful impacts of gender stereotypes, unlearn transphobic myths and stereotypes, ask honest questions and work through realistic scenarios.

This workshop is offered in-person and virtually.

LENGTH: 1.5 HOURS
COST: \$800 + HST FOR VIRTUAL
\$1,000 + HST FOR IN PERSON

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EDUCATORS WILL COME AWAY WITH:

- An increased awareness of the unique experiences and challenges faced by trans and nonbinary students
- A deeper understanding of gender identity, gender expression, sex assigned at birth and attraction
- Greater knowledge of trans identities, terminology, and the diversity within the trans community
- Specific examples of transphobic discrimination, myths, stereotypes, and harmful language, and the impact they have on all of us
- Relevant skills and practical tools to build trans affirming learning environments that support all students
- An increased capacity to engage in (un)learning, growth, and discussion around gender diversity and trans inclusion at school and beyond

TRANS 201 WORKSHOP

This workshop is designed for those who have already participated in our 2SLGBTQ+ Inclusivity & Trans 101 workshops and are eager to deepen their understanding of gender identity. Trans 201 takes a closer look at the complexities of supporting trans and nonbinary youth, offering advanced insights and practical strategies to help you navigate and advocate effectively in your classroom, school, and community.

This workshop is offered in-person and virtually.

LENGTH: 1.5 HOURS

**COST: \$800 + HST FOR VIRTUAL
\$1,000 + HST FOR IN PERSON**

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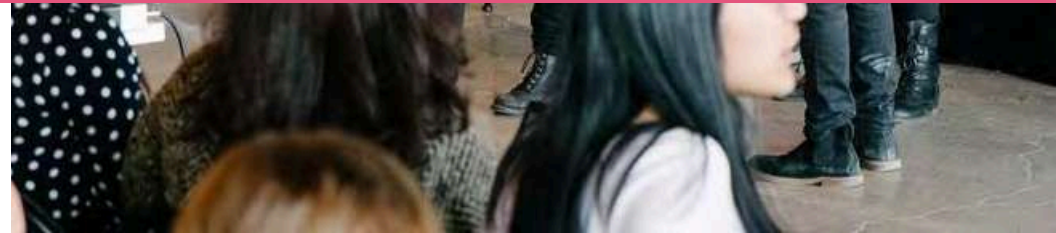
www.thegetrealmovement.com

EDUCATORS WILL COME AWAY WITH:

- Deeper knowledge of non-binary, genderqueer, and other diverse gender identities, and their implications in a school setting
- Increased understanding of legal and policy issues affecting trans students, including educational regulations and the provision of support accessibility
- Tips on spotting and addressing transphobic behavior, myths, and harmful language, and understanding how they impact students and the community
- Practical strategies and tools for supporting trans and nonbinary youth, from creating affirming classrooms to advocating for student rights and needs
- Guidance on how to keep learning and discussing trans inclusion, making these practices a natural part of supporting all students



ADDITIONAL OFFERINGS



CUSTOMIZED CONTENT

Customized content specific to your school community's goals can be added for an additional fee. This option includes:

- A 1 hour introductory call with your team lead to discuss specifics that you would like to see included in your company's workshop deck
- A second 1 hour call with your team lead to go over the changes + discussion of tech and logistics
- One more round of final revisions to the deck, if necessary, presented over email

COST: \$500 + HST

PANEL/KEYNOTE/CONFERENCE

Confident and comfortable in large or small settings, our speakers will bring their extensive facilitation experience, an in-depth knowledge of intersectionality and anti-oppressive practices, and a passion for their work with the Get REAL Movement to meet the needs of your school community.

AVAILABLE NOW

“Celebrating Trans Joy as an Act of Resistance” by Jonas Khayat-Stark

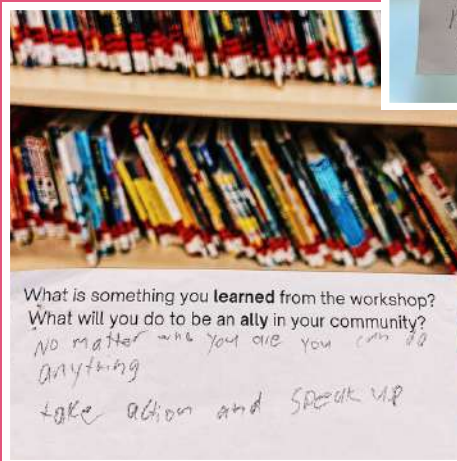
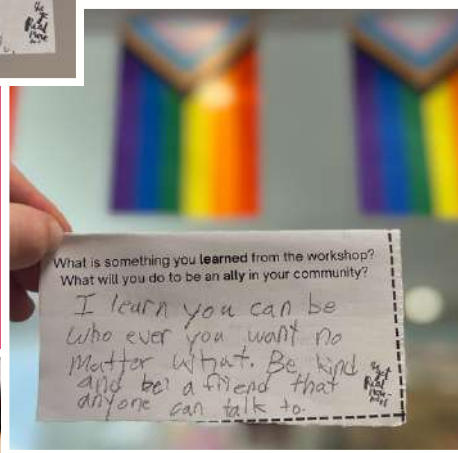
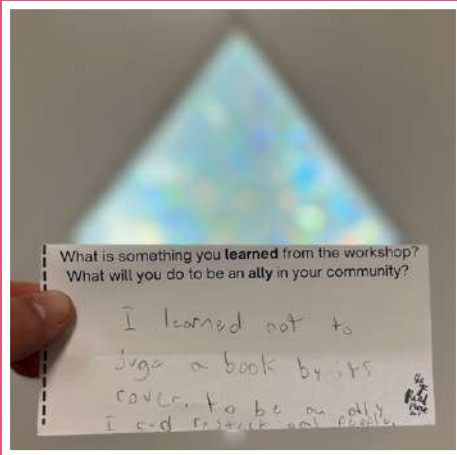
Learn about the importance of celebrating trans joy and implementing proactive forward thinking approaches in your efforts to foster trans affirming learning environments and support the well being of trans youth.

COST: Please inquire for pricing and details.

BUNDLE & SAVE

**Book three (3) Workshops
for the year and save 15%!**

This is a great option for school communities interested in multiple workshops and an effective way to keep the conversation going, all year long!



FEEDBACK

Each of you took time to not only share a part of yourselves with us, but to tailor your own work and investment to fit our own quirky preschool needs, and I am so very grateful. In your words, stories, slides, and Brave Space, I was reminded that the work we do with families everyday really does matter; that the way we speak to and treat each other really does matter; that our compassion, our connections, and our relationships really do matter; and that the way we invest in ourselves really does make a difference in how we can show up for others. I wanted to take a moment to thank each of you for sharing your stories, your knowledge, and your expertise. As the education team here at BCCNS continues to move forward in our work to become better allies and better co-learners alongside the children, we look forward to unpacking more of your teachings and asking each other tough questions, and I know that as a team and as individuals, we stand on more confident and firmer footing today than we did when I reached out to Get REAL earlier this summer. Keep up the AMAZING work you are doing the Get Real Movement: It's special and important and what an incredible team of humans you have working alongside you. Congratulations and thank you!

-Janis Leney BA, RECE, Program Director Bells Corner Cooperative Nursery School, Ottawa

“The Get REAL team who came to visit our school in Corner Brook, Newfoundland (Marley and Chris) certainly left an impact! Students and staff were encouraged to continue to strive to be a more inclusive school community with their message of respect and acceptance. Students were very engaged in the relaxed atmosphere created by our presenters and felt comfortable with the topic of inclusivity of varying identities and sexualities. We were all very thankful that they shared their stories with us and we hope that they return again in the near future!”

-Stephanie Pennell, Teacher, NL

FEEDBACK

“This was a fantastic presentation. Presenters were very professional and informative, yet “cool” and relatable to our students. Very impactful message.”

-Anonymous Teacher, NS

“This was an incredibly impactful presentation for both students and teachers who were present. It’s rare that you have staff make a point of saying how impressed they were by a presentation. I had several staff discussions afterwards, talking about how important this presentation was for our grade 7-8 students. I even had a supply teacher say it was “the best assembly she’d ever seen.” The presenters were very confident and their stories were illuminating and easy for the students to connect to. There were active, positive discussions in the hallways by students afterwards. Even a request to have “more assemblies like this.”

-Anonymous Teacher, NS

“It was really great to have you and Monica here on Friday, not only for the workshops but also to see the campus. It's great to feel support for what we are trying to do here at the school for our kids, and so great for our kids to hear your voices and your stories. I have a deep respect for the work that you do in trying to make the world a better place for kids to grow up in, and helping to provide support, education and guidance for allies and members of the LGBTQ2S+ community alike. Your words and stories make a difference- thank you. And-- it was great to have Joseph and Kamau here today for the Combatting Anti-Black Racism workshop today as well. I think our kids understand the tone we are trying to set.”

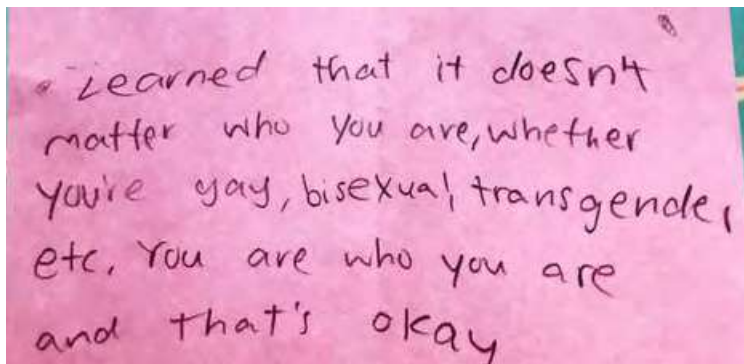
-Anonymous Teacher, Lakefield College School, ON

FEEDBACK

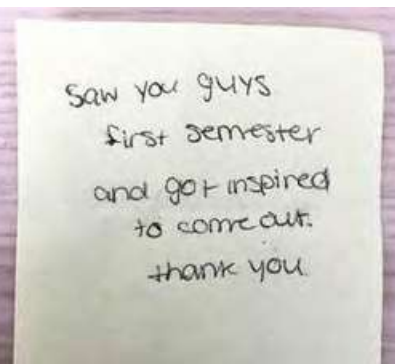
"The Get REAL workshop was one of the most engaging and powerful student-centered opportunities we have offered our students. The presentation was very well received by staff and students alike. Based on feedback from students the workshop was not only informative but, it supported change. Students provided incredibly authentic responses in the reflection activity. Many expressed that they no longer felt alone in their challenges and felt more likely to reach out for help. The presenters, Chris and Kyle, who were very personable and professional, were wonderful role models for our students. They are passionate about what they do and made a great connection with, and impact upon, our students.

We would highly recommend this workshop. P.S. We typed most of the responses from students and displayed them on a bulletin board in the hallway. It is great to see how many students stop and read them...a great way to continue the message and include the students who were not able to participate in the workshop. Thanks again!"

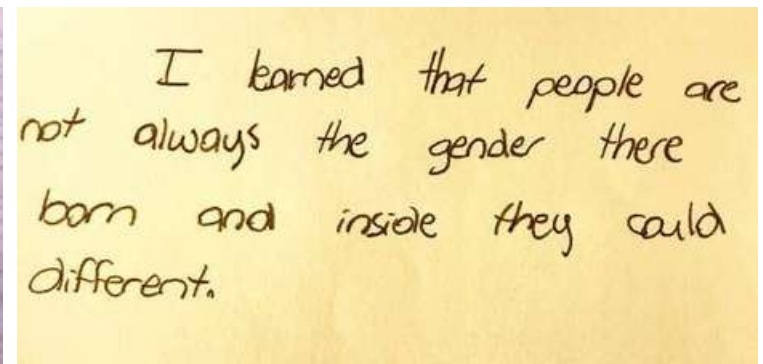
-Debbie Briand, Teacher, NS



Learned that it doesn't matter who you are, whether you're gay, bisexual, transgender, etc. You are who you are and that's okay



Saw you guys first semester and got inspired to come out. thank you.



I learned that people are not always the gender they born and inside they could be different.

"Thank you for the learning you provided to staff yesterday. It was very impactful and will make a difference to the many students served by our staff. My sincerest thank you."

-Anonymous Teacher, BC

"This session has reaffirmed a lot of important messages that my current school board is promoting. The key thing I take away from this workshop is that having Clem (in person) share his lived experiences and personal story is so much more impactful than just reading stats, charts and reports on paper. Thank you for being here and being you!"

-Anonymous Teacher, BC

"Thank you very much, Courtney and Wren, for your very engaging and approachable presentation last night. Your insights have left us with new learnings, and perspectives, and I'm sure I can speak for the others in attendance that our minds are continuing to process the information to explore how we can ally better."

*-Susan Eymann, Executive Director,
Lethbridge Sport Council, AB*

CONTACT



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(she/her)
CO-EXECUTIVE DIRECTOR



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